



Incarnation Monastery Contemplative Prayer 2016 – 2017

Silent Retreats

One Days:

August 27, 2016
December 10, 2017
February 25, 2017
June 17, 2017

Half Days:

October 1, 2016
April 8, 2016
May 6, 2016

Where: Incarnation Monastery Guest House

When: Saturdays (*Please commit to the times listed*)

Half days 8AM – Noon

One days 9AM – 3PM

Optional Eucharist 8AM

Costs: \$20 Suggested love offering

Registration: *Space is limited* so please sign up at least one week prior to the retreat.

Email: Retreats@IncarnationMonastery.org

Provided: Beautiful retreat setting, coffee, tea, fruit

Lunch – *One Days only* (Vegetarian soup, salad, & bread)

Intro to Centering Prayer Course

Workshop: Saturday, January 28, 9 am to 3 pm

Follow-up classes: February 4th, 11th, 18th, 9 am to 12 pm

Are you feeling a desire to deepen your prayer or to learn about the Christian contemplative path?

Come join us for an introduction to Centering Prayer as taught by Fr. Thomas Keating:

The Introductory Workshop:

The Centering Prayer Introductory Workshop familiarizes participants with the method of Centering Prayer and its conceptual background and offers two opportunities to experience the prayer. The workshop consists of four presentations led by Contemplative Outreach commissioned presenters.

1. Prayer as Relationship
2. The Method of Centering Prayer
3. Thoughts and the Use of the Sacred Word
4. Deepening our Relationship with God

Where: Incarnation Monastery Guest House

Costs: \$60 for the entire series of 5 sessions (Note scholarships are available, please inquire)

Provided: Beautiful retreat setting, coffee, tea, fruit (Note lunch will be served at the workshop)

For Registration or additional information: *Deadline January 15, 2017*

Email: Retreats@IncarnationMonastery.org

Online: <http://www.IncarnationMonastery.org/Intro>

