



INCARNATION MONASTERY

CAMALDOLESE MONKS * 1369 LA LOMA AVENUE * BERKELEY, CA * 94708 * (510) 845-0601 * FAX (510) 845-0601

Incarnation Monastery Mission Statement

Located in Berkeley, just north of the University of California and the Graduate Theological Union, Incarnation Monastery, is a community of Camaldolese Benedictine monks. We seek to live our monastic vocation as an urban monastery in the 'desert' of the city with a prophetic presence and voice.

We trace our heritage to the 6th century monastic traditions of Saint Benedict, as further defined in the 11th century by Saint Romuald.

The three elements of the Camaldolese charism are:

- Solitude for personal prayer and meditation
- Communal prayer and work within the monastery
- Hospitality and contemplative outreach

Founded in 1027, the Hermitage at Camaldoli, Italy serves as the motherhouse of the Order. Today, Camaldolese monasteries are found on the continents of Asia, Africa, and North & South America, in addition to Europe.

In 1958, the Camaldolese established New Camaldoli Hermitage in Big Sur, California.

Incarnation Monastery was begun by the Camaldolese in Berkeley, California in 1979.

Incarnation Monastery offers a sacred space for all people who wish to join us in our daily rhythm of contemplative life and prayer. Our mission is to create a peaceful, nurturing, and prayerful atmosphere for oblates, friends and guests – especially for those who may be involved in work and ministries that are stressful and demanding.

We offer liturgy, prayer, Eucharist, meditation, hospitality, retreats, and spiritual direction.